

HOW TO Pronouns

OR, "WHERE WERE 'THEY' IN MADLIBS?"

Jo was so cool, I'm glad we went to the park with them!

Yeah! And their friend was fun too, he had good stories!

1.) WHAT ARE PRONOUNS, ANYWAY?

Pronouns are linguistic tools that we use to replace nouns. Pronouns are words like "she," "they," "he," or "ze." What are your pronouns?

2.) WHY DO PRONOUNS MATTER?

Pronouns are often an important way that people define their identity. Using the right pronouns for transgender and nonbinary people shows them that you respect and support who they are, and using pronouns can often make them feel safer!



3.) WHAT IF I USE THE WRONG PRONOUN?

Using the wrong pronoun for someone is called "misgendering." Misgendering can be very harmful, and must be avoided, but everyone makes mistakes. If you misgender someone, correct yourself with the right pronoun and continue speaking.

Jo was so cool, I'm glad we went to the park with him-- them!

4.) IT'S OKAY TO ASK!

One of the best ways to avoid misgendering, is to ask what someone's pronouns are--or better yet, introduce yourself with your own pronouns! Everyone, regardless of whether they're cisgender, transgender, queer, etc., can state their pronouns!



Hi, my name is _____ and my pronouns are she/her/hers!



5.) QUICK GUIDE TO USING PRONOUNS *

She	Her	Hers	Herself	She is eating, I spoke to her, the food is hers, she made it herself.
He	Him	His	Himself	He is eating, I spoke to him, the food is his, he made it himself.
They	Them	Theirs	Themselves	They are eating, I spoke to them, the food is theirs, they made it themselves.

*This guide is not exhaustive, there are many different pronouns, always be ready to learn new ones!

